





# WHAT GOES ON



It has been quite a while since the last issue of Psych Trail Mix, but if you're reading this then it means that you've enjoyed previous issues, so thanks for coming back! The response since putting Psych Trail Mix completely online has been great, I've received more traffic and exposure this way than when I printed them out and sent them out by regular mail. Again, I always encourage readers to print the zine out from the PDF file on the website, this way if you prefer reading it laying on the couch instead of in front of the computer you can, also you can just have a hard copy to reep for yourself. There's still great music out there that hasn't received its due exposure, great labels putting out amazing reissues, and stories and tales to be told, so I plan on continuing Psych Trail Mix into the future... or as long as our future here on earth lasts depending on how long the soul-less cretins who hold the power choose to continue to let it get more fucked up and polluted. But hey, as Kaleidoscope says "you love your power, but you're blind."



One amazing thing that has happened for Psych Trail Mix is that the FUZZ article featured in the last issue ended up going over very well. It's been featured in the latest edition of record Collector News that you see to the left! This is a big deal for my humble little zine, and I'm still flying high from it! Plus, with Bob Dylan on the cover, it couldn't be any sweeter! You can get printed copies of record Collector News or read the latest plus all back issues on their site at www.recordcollectornews.com I must thank robby russell for taking notice of the Fuzz Feature from issue #4 and helping to make this happen! Robby and his sidekick Nurse Cheril run a great radio show that you readers will enjoy, Garage Mania Invasion radio airs live every Saturday from I to 3 p.m. on Wpmd.org, Cerritos College in Southern California. Check out robby's website: www.robbyrussellshow.com

Yes, Psych Trail Mix continues to grow and evolve as time passes us by. I hope that you all enjoy the latest issue, I think it's got a lot of variety to offer. Kick back and read about the lost sounds of Austin's peyote munchin' psychedelic masters, Cold Sun, if ya like to Lactate then skip on over to the planet of Helios Creed and read about how his insane 1991 masterpiece came to be, take a trip back in time to some like totally "groovy" bo's flicks, head back or 5 Years AHEAD of your time while Damian Kelly tells the tale of The Third Bardo. Thanks for the continued support, I hope you enjoy



# SHOW REVIEWS



Show: Clinic

Venue: Johnny Brenda's Location: Philadelphia, PA

Date: 11-6-10

Clinic are a fairly new band out of Liverpool, I heard about them on Mike Stax's Ugly Things Radio show and decided to check them out for myself. I wasn't disappointed with the show that these guys put on. They all come out in surgical masks as a little gimmick to go along with the band name, it works. Their sound ranges from hyped up fast paced punk rock to melodic psych and more. Ade Blackburn takes the duties of the lead vocals and changes instruments frequently throughout the show, switching acoustic for electric guitar, even hopping on the keyboards and playing a couple of instruments that I couldn't identify! Many of their songs also feature pounding rhythms to which are quite danceable! "I'm Aware" off of their new album "Bubblegum" was one of my favorites played this night, a nice piece of melodic psych that sounds like it could have come straight from the 60's! Clinic are a great band, go check them out if they come to your town! Their new album is available on the Domino label.



















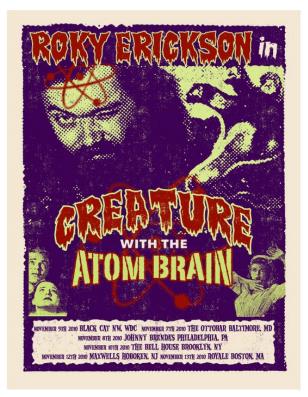


Show: Roky Erickson Venue: Johnny Brenda's Location: Philadelphia, PA

Date: 11-8-10

I'm extremely happy that I was able to see one of my favorite musicians of all time perform live! Roky Erickson sold out Johnny Brenda's in Philadelphia, PA weeks prior to the show, so I'm glad I snatched my tickets up promptly when I saw that he was coming to town. The Happen Ins started things out with their fine brand of blues/rock n' roll from Austin, Texas. Next up was Brother JT with some energetic psych-rock, lots and lots of energy and frenetic, manic, fueled wah wah guitar work. The anticipation was very heavy in the air for the one and only Roky Erickson to set foot on the stage. I planted my ass firmly in a really great front row spot on the balcony for hours ahead of time so that I

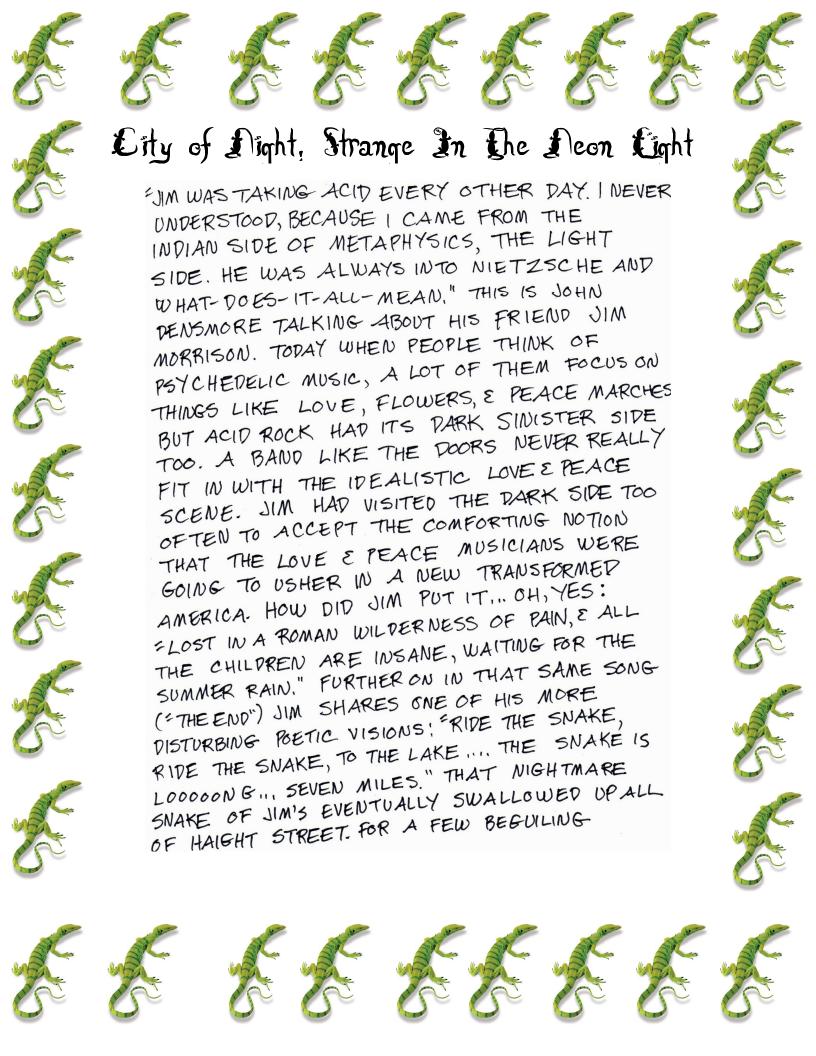


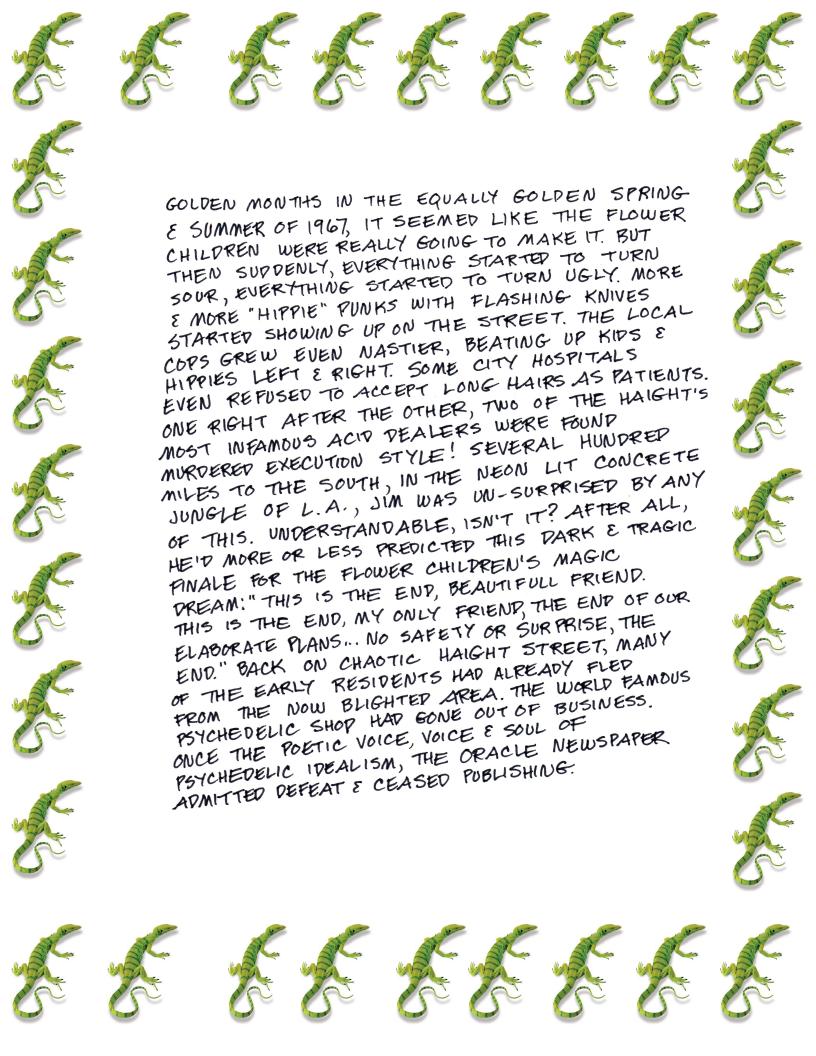


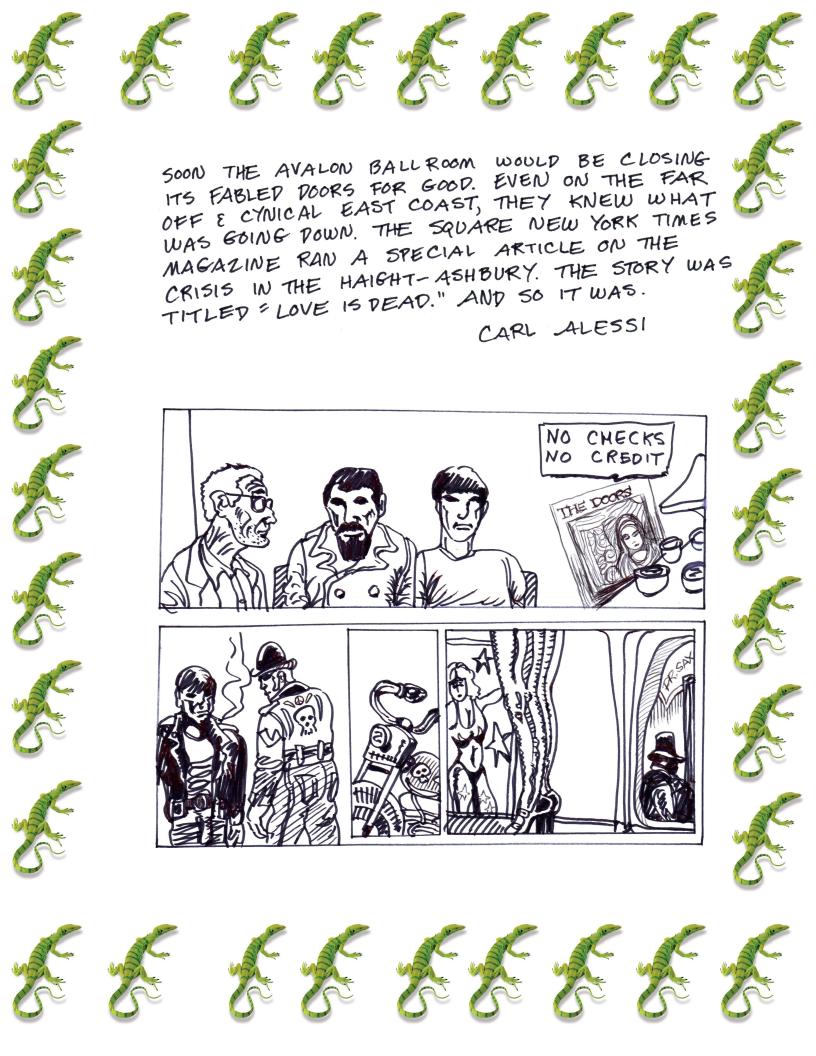
wouldn't lose my spot. Roky came on and was simply amazing. The majority of the material was from the Roky Erickson & The Aliens era; Two Headed Dog, Creature With The Atom Brain, Night Of The Vampire, Bloody Hammer, Cold Night For Alligators... there was also material from his new album such as "Goodbye Sweet Dreams." There were 2 screens behind the band projecting images that fit in very well with Roky's unique horror-rock. I didn't want the show to end it was so good! Roky seemed very into it and animated throughout! He's has been through a lot, but he's broken through it all, and without a doubt, still rocks hard today!









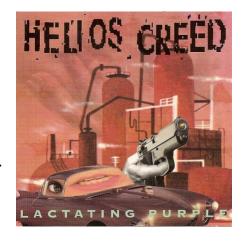








There's some albums that stand the test of time for years upon years. The albums that never get old, even after numerous spins. You always hear new sounds upon each listen, new doors open, and your mind continues to be blown. Helios Creed's 1991 masterpiece "Lactating Purple" is definitely one of these records. For 1991's Lactating Purple, Helios enlists a new hard hitting, powerful drummer named Paul Della Pelle, bassist Paul "Bean" Kirk, and on keyboards is Z Sylver providing a wide array of swirling sounds, and of course Helios Creed on guitar, vocals, samples & effects. The production was done at the top-notch Razors Edge Studios in San Francisco, and perhaps since this record was created in SF (the birth-place of <hrome) maybe some old lessons were pulled out of the text books from the old "School of Chrome Learning." Many of the sounds on here sound like they're in spirit with the sonic experimentation of the old Helios Creed/Damon Edge era Chrome records.





Helios Creed singing Modular Green (4-13-92)

The record starts off with the title track, beginning with a catchy riff all warped up with Helios' searing synthy psyched out guitar effects. The solo in the middle of the song is a delightful, drudgey, demented, meltdown.. and when it ends it sounds almost like a half man/half machine laughing sort of noise that brings the song into full swing again before the ending. "Flying Through The Ether" starts off with some beautiful synth/guitar work along with a warped George Bush Sr. ranting about the "scourge" of drugs entering the country. I think the record does have some environmental/political themes peppered throughout. The front cover has, what appears to be an oil refinery, or a refinery of some sort in the background along with a gun pointing out from it. The oil spill that recently happened this past year in the Gulf of Mexico (2010), if you looked at it from a certain angle from the bird's eye view footage that the news stations were showing, it actually does appear to be purple! "Flying Through The Ether" launches nicely into the flattened-wah guitar fuzzed out acid punk "Ub The Wall.." "Nebuchadnezzar" is a very strange track, really hard to make out the vocals, but they're purposely unintelligible like many other Helios Creed songs.

This song starts warping backwards into a psychedelic cacophony of strange hard fuzzed freakiness. "Modular Green" is actually quite beautiful. It's ambient, but ambient with BALLS, the guitar is psychedelically searing off into space, the drums are a nice, hardhitting slow driving beat. Helios is painting psychedelic images telling us of the "place I want you to see, it's not Chernobyl, it's Modular Green." "Big Bang" is an insanely good song, a nice FUZZED out riff chugging along until it goes into a nice 3dimensional spiral vortex of sound with Helios chanting "you knock me out, you knock me out, you knock me ouuuut." This record can do no wrong! "The Radiated" is another killer track, Helios displaying his guitar wizardry once again. A nice explosion at the end of this one that really wraps up the song nicely. Next up is one of the greatest, "Spider." A very HEAVY fuzzed out acid punk monster, in between verses we're hit with extremely heavy doses of fuzzed/wah wah wah laden brain massaging fucked up delight, yes, drive down the street blaring this as a big fuck you to everything! Make the suburban thug-wanna bees in your neighborhood shit their sagging panties. Next up is "Martian Sperm & Bagpipes," a fuzzed-out monster going through many different tones of fuzz as well, ranks right up there with the fuzz classics of our time, like Davie Allan's "Cycle-Delic." "Amenti" closes the album, taking you to that hidden place, bathing you in light, elevating you up, no ladder needed. Put this album on and watch the walls melt around you. It's like a strange, alien-invasion, meltdown or something, you have to hear it to believe it. One of the all-time greats from the Chrome master himself! 20 years later and we're still LACTAING PURPLE!!! This record NEVER gets old!





Helios warping sounds under the influence of alien possession (4-13-92)







### **QUESTIONS ON LACTATING**







#### How did you come up with the name Lactating Purple?

Todd (Todd Preuss, former drummer for Helios Creed) thought of it, I was saying we should call it lactating something, and he said purple.

What are your memories about the recording sessions for Lactating Purple, and how long did it take to make that record start to finish?

It was a long time ago, but if memory serves it took about a month. It was fun having a studio engineer do the work for ya, and just be able to play. I sorta feel it needs more treble or midrange though...

The album seems to deal a lot with environmental issues, much of like what is going on today with the oil spill? I was just sorta going with a flow, but not necessarily thinking bout things. That's the way a lot of good music happens...in my opinion.

The warped sounds of George Bush Sr. at the beginning of Flying Through The Ether was always a favorite of mine, before the massive fuzz kicks in, was he was pretty scary to you guys at that time?

Nah not really, not smart enough to be scary, he just turned out to be stupid. My son Eric once said, "he seems like the kinda guy that should be working at a hardware store, not running a country," which I thought was kinda funny.



#### Who is worse, Bush Sr. or Bush Jr?

There's not much difference really to me between em'.. Like father like son...haha

## The front cover, it looks like in the background those structures are like an oil refinery or something?

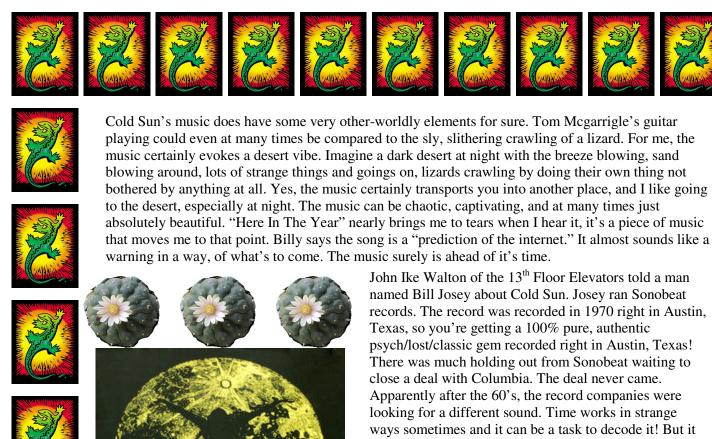
Tom Hazelmyer, the owner of AmRep records, (if anyone remembers that label) designed the cover, and he's really into the whole gun thing, and I think he said something about a gun refinery or something or maybe it's not, not sure actually. (Editor's Note: I've received word from Tom Hazelmyer that it is in fact an oil refinery in the background)

#### What is Modular Green about?

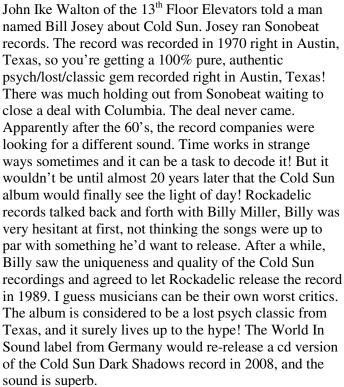
Yeah, it's about a free world where you can smoke modular green freely without being paranoid, without society condemning you, cause they feel you shouldn't be doing that.











After Cold Sun, in 1974 Billy Miller would go on to join Roky Erickson, forming Blieb Alien. Billy would play with Roky for many years. Later the name changed to Roky & The Aliens. Hey, maybe Billy Miller and Roky Erickson had a UFO experience during these years that made Roky in the early 80's, state that a martian had inhabited his body and have an official document notarized that he was an alien? Who knows.... And so the strangeness continues... Billy Miller still plays his electric autoharp, in the early 2000's he joined up with a band entitled Blood Drained Cows with Gregg Turner, formerly of the punk band The Angry Samoans.

\*\*NEWS: There are 2 new upcoming releases in the works; COLD SUN – LIVE 1972 and a new Cold Sun album featuring the original members of the band (Tom Mcgarrigle, Billy Miller and Mike Waugh), the songs were written long ago for Cold Sun, but just now recorded, this new album will be entitled "Rites Of Osiris"\*\*



- 1.) "Cold Sun, Austin's Lost Psychedelic Visionaries" by Patrick Lundonborg, www. Lysergia.com, 2003
- 2.) "The Texas 60's Music Refuge" launch.groups.yahoo.com/group/TheTexas60sMusicRefuge/
- 3.) "Cold Sun: The Secrets Of Time" by Mike Stax, Ugly Things Magazine, Issue #28, Spring 2009







































Artist: Mandrake Memorial

Album: Puzzle Label: Collectables



I don't know why it took me all this time to discover this gem. They're even from Philadelphia, right up the road from me! Well, this album was 1970, so I hadn't been born yet, but still...this is an amazing record! The front cover piqued my curiosity when I first saw it. The strange alien-like creatures all going up the stairway that never ends. They succeed in mixing psychedelia with classical elements, lots of nice effects and things thrown in that make this for a very other-worldly album. Oh yeah, it's really good morning-after material too. Just beautiful sounds. Earthfriend glides along nicely as you ride the carpet right into the soothing sounds of "Hiding." Yeah, I know you heard "soothing sounds" and are kinda turned off by the stigma, huh? Well, trust me when I tell you this record is something very unique, and there's plenty of weird and spacey mixed in there with "soothing sounds." "Kyrie" is very strange, starts off with some light acoustic guitar plucking, then goes into some very ethereal church choir type singing along with some orchestra sounds and things. How about that "Volcano Prelude"? Strange stuff indeed with a really warped vacuum effect near the end. As you'll hear, many of the songs consists of different sections that really could be separate songs all together! "Bucket Of Air" almost sounds kind of like an "Interstellar Overdrive" type jam, but a lot more weird and eerie! Some nice fuzz thrown in near the end there too. "Child's Prayer" is very eerie as well, with again, some choir singing mixed with drums and orchestra sounds, works really nice. This album takes you on a ride through many different places, and I think it gets better with each listen. "Puzzle" is really like a puzzle, a very complex one with many different elements. Some extra tracks thrown onto the end of the Collectables release, including a great version of "Something In The Air."

Artist: The Beatles

Album: Beatles Box Set (Stereo)

Label: Apple



Now, I don't normally review something like this, as it's probably been covered in countless mags, but I just had to. I'll explain why. Now, I've always loved the Beatles for as long as I can remember from the time when I was little kid and hearing my Dad spin the vinyl records on the old turn-table, but I never actually owned a single Beatles record until I got this! I guess I was more concerned with collecting the obscure music that I liked, because after all I knew that it's THE BEATLES, and their recordings weren't going to go out of print into obscurity anytime soon. Other things are limited pressings, in print for a short time etc... Anyway, I'm REALLY glad that I waited before building up a Beatles collection. I received this last Christmas and the sound is absolutely phenomenal! I figured this would sound good, but had no idea just HOW good! It's really amazing... And for all you strictly vinyl guys out there, listen to these discs and tell me it doesn't sound amazing, even better than your old vinyl records. The packaging is also beautiful, the rectangular box looks good on my music shelf, the digipaks are really nice and each one comes jam packed with great liner notes! Now I've got all the Beatles records in one nice package with incredible sound. I'm glad I waited!

Artist: Various

Compilation: Psychedelic Disaster Whirl

Label: Past & Present



Originally released on vinyl in 1986, only 400 were pressed. Now Past & Present has lovingly re-released this on cd, complete with liner notes on band history and the same great vintage artwork as the original; black and white kaleidoscopes with "Blow Your Mind" and "Lotsa Loud FUZ! 1967! No Flower Power" written across the cover. The cover doesn't lie as this collection features 16 of the snottiest 60's fuzz punk you'll ever hear! "The Face Of Time" by The Plague starts off the collection and sounds guite demented with the vocals recited, not even guite sung. If you're a fan of heavy 60's fuzz tones, then you'll definitely be into this as all the songs have the fuzz level all the way up into the red. Human Expression's "Optical Sound" is on here, an absolute classic, strange guitar effects and trippy lyrics throughout. "In The Building" is a great tune with dueling guitars, one clean and one heavily soaked in fuzz. Children Of The Night's "World Of Tears" sounds very punk rock with the fast pace and pissed off lyrics about the state of the world. "Yellow Listen" by Scorpio Tube is one of the highlights on here with the screaming feats of psychedelic guitar work melting together into the cacophony of sound as you're instructed on the "yellow listen that listens too." "Infiltrate Your Mind" by Perpetual Motion Workshop is a great high octane fuzzer, the beginning sounds like it could be the intro to Music Machine's "Eagle Never Hunts The Fly." VERY heavy fuzz on this song, and I love how it ends very chaotic and noisy with tons of fuzz and feedback. The riff on The Boy Blues' "Coming Down To You" sounds very much like a more fuzzed out version of the Batman Theme! Always liked that riff anyway! Again, great psychedelic fuzz guitar work on "Hold Me Baby." This is a really nice collection of very rare 45's from the 60's. A great acid punk 60's compilation here; the attitude of punk along with the inspiration of psychedelia, makes for some guite addictive sounds!

Artist: West Coast Pop Art Experimental Band

Album: Part One Label: Sundazed



This mind blowing record is my personal favorite of WCPAEB's output. Released in 1967, this album has a wide variety of sounds on it, very experimental as stated in their name! From hard psych to trance-inducing psych-folk ballads, even some classical elements peppered in there to throw you off a bit, this is one eclectic record. "Shifting Sands" starts things off with some nice psychedelic guitar work melting together nicely as the lyrics are chanted off in an almost hymn-like fashion. "I Won't Hurt You" is a great track. Starts off with the lyrics soothingly emanating out with what sounds like a fast heartbeat sound in the mix, the vocals chime in "I won't hurt you, I won't hurt you, I won't hurt you, I won't hurt y..." then a guitar chimes in on the right channel striking each string of the chord, while another guitar emerges in the left channel and imitates the same chord in an almost child-like way, cool effect. "1906" is a strange little tune, fast paced with some chorus-like chants in the background just going "ahhh ahhh ahhh," with spoken lyrics like they're coming from some sort of psychedelic priest, strange lyrics to say the least, "only freaks know all the answers, I don't feel loved." "Help I'm A Rock" is one of my favorites on here. Very psychedelic song indeed, lots of strange instrumental noises along with guttural noises that can't even be described on paper, manic laughter with demonic guitar work, takes your head to some very strange spaces, it's so freakin good! This song definitely makes them live up to their name. "Will You Walk With Me" is a beautiful little ballad with some nice acoustic guitar work and violin. "Transparent Day" is another trance inducing little ditty, the guitars sound so great on this track. "Lyla" is a cool track with some Bo Diddly type guitar riffage, then it goes into some weirder spots of feedback and even a little classical guitar thrown in the middle of it. "High Coin" closes things off with "Part 1 The West Coast Pop Art Experimental Band" being announced at the start of the song, great acoustic guitar work here as well. Two bonus songs thrown onto this Sundazed release with single versions of "Help I'm A Rock" and "Transparent Day." As usual, Sundazed delivers a nice package with extensive liner notes and superior sound quality. From what I understand, WCPAEB's records were very hard to find before, so a big thanks to Sundazed for keeping the torch lit and making these available in such great quality!

Artist: Thorgouge

Album: The Blood Sampler

Website: www.myspace.com/thorgouge



Bryn Gallagher and Christ Halstead are the duo behind the strange sonic soundscapes that is THORGOUGE. Their sound certainly sounds very Chrome inspired, and I think that their adventurous experimentations with sounds and samples and things would be appreciated by the old Chrome heads. From the opening track "Minivan," the strangeness starts, plenty of wailing feedback and great guitar work with warped vocals. A lot of the stuff even has that tribal effect to it ala Crash Worship. The album definitely has an other-worldly feel to it too. "Formica" starts out a bit mellow with some bird sounds and some ambiance, then it just kicks your ass with some pounding drums and effects galore. "Cooked" is a cool song, lots of strange samples, including a young girl talking about marijuana and LSD, fun stuff! Thorgouge is proof you can do it yourself and make kick ass music, and the best stuff always comes from the underground these days, so dig Thorgouge!

Artist: Orange Alabaster Mushroom

Album: Space & Time: A Compendium Of The Orange Alabaster Mushroom

Label: Hidden Agenda



Formed in Canada in 1991, the Orange Alabaster Mushroom kept the torch lit and held high in honor of all of our previous psychedelic pioneers from the 60's. This record is a collection of tracks from OAB spanning 1991 through 1998, and quite a collection it is. I recently found out an amazing fact months after I had been endlessly spinning this collection; all of the songs were recorded entirely by 1 man, Greg Watson! Greg really stays true to the form and you can just pick many different gills of influence off of this vast mushroom for sure; nods to Syd Barrett, 13th Floor Elevators, British Psych ala Nuggets 2 compilation and much more. The record starts off heavy with the squelching fuzz guitar on "Your Face Is In My Mind," we also already get hit with a reality suspending slab of backwards guitar on this. "We Are The Orange Alabaster Mushroom" could be the theme song for OAB. Singing of tasting the vegetation and tasting the caps and gills and stems, the forest starts to melt before your eyes. Even the end exclaiming proudly to "let every psyilocybinist recite!" "Tree Pie" chugs along heavily with some great keyboards and garagey, distorted guitar work. "Crazy Murray" sounds like it could be a slab of British psych right off of the Nuggets 2 comp. In a story telling fashion, the tale of "Crazy Murray" is told, almost reminiscent of the tale of Pink Floyd's "Arnold Layne." The vocals on this almost sound like a child is speaking in the background as well, as if telling a story from his childhood. "Rainbow Man" is another that's recited in a silly sort of child-like way (even with the hints of that squeaky child vocal heard earlier) ala Syd Barrett, great jangly guitars on this. "Ethel Tripped a Mean Gloss" is one of my favorites on here, it flows along so nicely with sitar thrown in guiding this along beautifully, the songs title actually derives from the hallucinogenic drug DMT – dimethyltryptamine. "Mister Day" is a great track that starts and ends with some great backwards guitar. I love the wah wah fuzzed out freakout in the middle of the song "Gone." This is a great cd, any fans of 60's psych will definitely enjoy this. Hard to believe it was recorded in the 90's, it goes to show you that the spirit of that time lives on.

Artist: Plastic Cloud Album: Plastic Cloud Label: Pacemaker



From Bay Ridges, Ontario 1968 came one of the best psychedelic records ever created. I was blown away after hearing this. Just when you think you've heard the best of the best, you stumble upon a gem as insanely great as this record! Starting off with the Byrds flavored "Epistle To Paradise," the record kicks things off with a nice melodic piece of psych for your ears to feast upon. "Shadows Of Your Mind" is one of the best songs on the record, lots of really great guitar work here laden with fuzz galore. They have a nice contrast going with some clean jangly guitar going, but all throughout the song there's this manic fuzz infused lead guitar going on, great song! "Art's A Happy Man" is probably my least favorite song on the whole record, it's not BAD, don't get me wrong, but standing next to all the other songs on the record it's not one of the more standout tracks. At over 10 minutes long with searing fuzz guitar work, "You Don't Care" may be the best song on this lovely gem. And how about the lyrics, "and what would your father say to you, if he knew that you were sniffing glue," but hey they work and with all that fuzz guitar work complementing them, this song kicks some major arse and will certainly go down in the annals of time as one of the greats when it comes to exceptional 60's psych. "Bridge Under The Sky" follows and is a beautiful song with great arrangements, it'll get you floating along nicely in your mind, angelic song that it is, "take me to through all the galaxies." "Face Behind The Sun" is another winner on here, with melodic psych mixed in with that incredible fuzz guitar lead. At just 8 songs, this was the only record the Plastic Cloud ever recorded, but it certainly left its mark as one of the greatest psychedelic records of all time. Pacemaker puts together a nice package with beefy liner notes that include the lyrics. And the sound is superb as the record is remastered from the original master tapes. Go get this now while it's still available if you don't have it already!

Artist: Bohemian Vendetta

Album: Enough Label: Distortions



Distortions compiled everything you need from Bohemian Vendetta. The years span 1966-1968. The first few songs are rough cuts, but that doesn't take away from them. "Like Stoned" is some nice 60's punk with a lot of attitude. "All Kinds Of Lows & All Kinds Of Highs" reeks of the Chocolate Watchband, again more 60's punk with attitude. "Images" is a great song with keyboards and manic drumming and psychedelic imagery. "Charity Killjoy" is quite a strange song, it actually sounds quite demonic, yes, these guys weren't all peace signs and bell-bottoms. Again, more of those keyboards, and this song kind of reminds you of walking through a maze from some psychedelic carnival or something, maybe one of those mirror mazes or something! "Riddles And Fairytales" is one of the best songs on here, complete with some great fuzz guitar work with a Music Machine sort of flavor, insane song! Great super-fuzzed out version of the Rolling Stone's "Satisfaction," I prefer it over the original. "Paradox City" is an absolute psych classic! The voice from the looking glass speaking of the beautiful place of peace of mind, entering the gates to Paradox City! Worth it alone. Get this collection from Distortions!

Artist: The Dovers

Album: We're Not Just Anybody

Label: Misty Lane



A LONG overdue reissue! The Dovers are another one of those groups whose existence didn't last very long, but when they were together they released some amazing stuff! This 10" compilation on Misty Lane compiles all of the bands output, 8 songs from their short lived career from Santa Barbara, CA 65'-66'. They definitely sound like they are influenced by the Byrds, but I would describe their sound as a more garage-y sounding Byrds, the Byrds maybe with a bit more attitude and teenage moodiness. It all makes for a quite unique collection of songs here. "I Could Be Happy" is great, I love the jangly guitars, the songwriting is also outstanding. "She's Not Just Anybody" is one of the standout tracks on here, really a fine example of their Byrds-y garage sound, and the instrumental break in the middle is so tight and grooving, it really displays the abilities these guys had. "The Third Eye" is freakin' mindblowing! Psychedelic raga that morphs into a pounding kaleidoscopic psychedelic vortex that's worthy to stand next to the best of the great 60's psych songs of our time. "People Ask Me Why" is another fine example of that teenage angst, outcast attitude that they had. Lyrics like "they sit and stare, and laugh about our hair." "What Am I Going To Do" is one of their best, it's also on the Nuggets 1 compilation, a great little tune that could easily have been played live back then at a 60's high school dance, with the heartbroken lyrics and all... and how about the line "if you were only 17, I would feel the same way"? Hmmm, kind of a strange line, I guess he just means that love has no boundaries, even when it comes to age! haha... It's a really sweet song. An amazing collection of songs here, if you dig the teenage angst type lyrics of early Beatles records, the jangly folk-rock guitar of the Byrds, and even the garage psych sounds of We The People, you need to get this, you won't regret it.

Artist: The Lemon Drops

Album: Sunshower Flower Power

Label: Cicadelic Records



You may have heard "I Live In The Springtime," but The Lemon Drops were no one hit wonder. They've got a large satchel of great songs in addition to that, and look no further than here for the definitive 2 CD Lemon Drops collection from Cicadelic Records, "Sunshower Flower Power." There have been previous releases of The Lemon Drop's material, but this collection is from the masters, so it's the best sound quality you can get and that you haven't heard until now! Awesome collection here of melodic, raga-infused psych/folk. Oh yeah.. and there is plenty of fuzz as well! You know I couldn't leave out that detail! From the opening track "Sometime Ago" you get hit with Lemon Drops sound full force as it gains speed as the song progresses. To describe their sound; think of the Byrds, but much more garagey and punky, with a bit more snarl and attitude. "Popsicle Girl" is mesmerizing, starts out with some tribal sounding drums, then the pace changes midway and there's even a little flange effect to it which works nicely. "Crystal Pure" is a great wah-wah fuzzed out song, it's a good one to play to get an overall feel of the whole sound/style of the band. I love the instrumental "Alone," the contrast with the combo of the clean then fuzzed guitar is great. "Flower Pure" is an absolutely beautiful ballad. Imagine a beautiful sunny day and you're laying in a lush field of green resting your back against the hillside and you're just blissfully taking it all in without a worry in the world.... yeah yeah, I know it sounds kinda hippy dippy right? Trust me, the sounds are mesmerizing. By the way, the original single mix of "I Live In The Springtime" is amazing, it was always a favorite of mine, now I can hear it even more improved as the sound quality is pristine! Cicadelic Records does the packaging wonderfully on this release, including a brand new cover and nice beefy liner notes chock full of info!

Artist: Kaleidoscope

Album: Beacon From Mars & Other Psychedelic Side Trips

Label: Collectables



There's a few psych bands with the name Kaleidoscope around... There's the one from Mexico, also we can't forget the great Kaleidoscope from the UK... but I think that this one from the good ol' US of A takes the cake as my favorite Kaleidoscope! You want diversity, you have it here! With violin, fiddle, banjo, guitars, sitars, this album spans a wide range of psychedelic, ethnic, blues and more. "Egyptian Gardens" is one of my favorites in this set, a frenetic pace with the lead singer speaking in a different language in the chorus, it sounds like it's about achieving a Zen state of mind, the psychedelic bliss of that state. "Keep Your Mind Open" is one of the great psychedelic songs of all time! "Pulsating Dream" is amazing, the lyrics evoke a message to join them and that the time for love is now, I love the line "you love your power, but you're blind," a good message to the morons running this country right now. "I Found Out" is a great example of just pure full on psychedelia, flowing with beauty and bliss. "Beacon From Mars" is a 12 minute full on out of head exploration. I could go on and on. If you don't have this, get it!

Artist: Human Expression

Album: Love At Psychedelic Velocity

Label: Cicadelic Records



Cicadelic Records proves once again that they know what they're doing in releasing amazing re-issues of the old 60's material. This time, thanks to Cicadelic, we finally get the Human Expression cuts in the sound quality that they rightfully deserve. Formed in Los Angeles in 1966, The Human Expression were one of those bands who didn't fit into the whole mainstream/hippy view of what the 60's were all about like bell bottoms and flowered head-pieces, their sound often contained dark themes and sounds. Lead singer Jim Quarles sang with a snotty attitude that gave the songs a nice intensity. "Optical Sound" is such a cool song, sounds like maybe the aftermath of a bad trip or something, and I love that resonating wobbly guitar right when Quarles croons the words "Optical Sound," great song! The version of "Optical Sound" on this collection is crisp, best I've ever heard it blaring from my speakers. "Love At Psychedelic Velocity" is another one of their greats, a fast-paced rave-up psychedelic monster that transports you right back to a love-in on Haight Street with liquid light projections and billows of smoke, the song accelerates to an orgasmic rhythm to the end. "Readin' Your Will" is another great one with the punky vocals of Jim Quarles, the song is a message against over-use of drugs and pill-poppin'. All the band's great singles and some cool demos are included here. This is a nice complete, "final word" collection of the Human Expression's material, all songs recorded 1965-1967. Cicadelic Records gives their usual loving treatment with nice liner notes chock full of rare photographs and memorabilia.

Artist: Various

Album: Lost Souls Volume 1 Label: Psych Of The South



Psych of the South introduces us to their first volume of "garage and psychedelic rock and roll from Arkansas 1965-1971." The cd is jam packed with 29 songs taken from the masters or acetates, so the sound quality is superb. The cd starts out with a 60's punk snarler by The Blue And The Gray called "Don't Send Me No Flowers," lots of attitude and just a few chords, once again, punk started in the 60's folks.... The cd is just packed with great garage rock, The Problems Of Tyme's "Back Of My Mind" is great, some nice jangly guitar and that raw garage sound with this lovely little ballad. You may have heard Purple Canteen's "Brains In My Feet," well here you get the rare, unreleased demo instrumental version and it's great! Starts out sounding like Hawkwind's "You Shouldn't Do That"... hey, maybe Hawkwind got the riff from this song? Then the song goes into a wallop of brain tingling fuzz guitar, then back into the melodic gliding tripping organ-infused segment, it's so good, you need to hear this, the disc is worth it for this song alone! "LSD" by Suspension of Belief is a strange song with that haunting female vocal in the background and the lyrics which I need to listen to again actually! Harold Ott has done quite an amazing job in tracking down these little nuggets that were scattered across the landscape of Arkansas that may have been otherwise lost in the dust forever. It's a work of love for sure, it's worth checking it out and hearing the lost hidden treasures for yourself that have been uncovered for your ears here in this little compact handy disc... nice liner notes too by the way.

Artist: Various

Album: Lost Souls Volume 2 Label: Psych Of The South



Volume 2 of Lost Souls from Psych Of The South! This is a great collection once again. It think I may even dig it more than volume 1. Starts out with the nicely fuzz-infused punk attitude from The Modds with "Leave My House." Proves that punk started back in the 60's once again! Lots of jangly tunes here, and like the 1<sup>st</sup> volume, the years span 1965-1971. "Sadies Ways" by the Esquires is a great tune, the guitar work is manic, jangly and just... great! Plus, the guy has a killer scream! "Sky Flight" by Dust is great, it goes from melodic parts to some manic fuzzed-out riffage, bounces around in your brain creating a nice contrast of clean, then bzzzzzz..... Stonehenges "Try And Help Each Other" delivers a sort of environmental message, "instead of putting ships into space, spend our money on a pollution race. Fight for the right to breathe clean air, I don't give a damn what's out there." They also go along to talk about the end of the world... very prophetic song, they were pretty right on with their message, maybe the greed-driven politicians should have listened to the message of Stonehenge! This is a great collection of garage rock here. Psych Of The South has done the ground work, knocked on doors and contacted the folks who made this great music of days gone by, they've salvaged what may have been lost forever had they not had the passion and love for the music to give it the recognition it deserves. Once again, the cd features nice extensive liner notes with history on the bands within. Worth a spot on the shelf for sure!

Artist: Jarvis Street Revue

Album: Mr. Oil Man

Label: Pace



The Jarvis Street Revue were from Ontario, Canada and released this record back in 1970. The amazing thing about this record is just how relevant it still is even over 40 years later! There's lots of anti-corporate themes in this and pro-environment of course. I mean just look at the front cover with the planet earth drenched in oil dripping down to spell the name of the record, "Mr. Oil Man." The back cover features a painting of an exploding oil refinery into what looks like a wasteland of pollution. Their rants against pollution are loudly heard within the tracks. The things they were singing about back then are multiplied by a zillion today as things got even worse when it came to what they were saying. "Mr. Business Man" features some great slide guitar! The lyrics are great too, "kill your kids business man, kill your kids as quick as you can, why give a damn when you still got a dollar..." "destroy your land business man, and live off man as long as you can." The title track is also great "Mr. Oil Man." Now, I discovered this record really not too long before the big oil spill in the Gulf of Mexico. It's just fucking EERIE how "Mr. Oil Man" sounds like it could have been written today about the last oil spill. They even mention the Gulf of Mexico in the song! Quite prophetic song from over 40 years ago. It gave me goosebumps when I popped this song on during the oil spill and heard the lyrics as if they were a narration of the images I saw on the news, "Mr. Oil Man you're killing all the fish again, you ruin all that water again." There's even sounds in middle of the song of wind and splashing water... They even talk about "the birds are all dead and the fish you can't eat." Just amazing, the relevance to what happened just recently here with the big oil spill. "20 Years" is just a haunting song. Again, speaking out against pollution and things like that. "Sally's Hymn" is even more haunting, it's also a beautiful, incredibly psychedelic song. The song starts off beautifully, mesmerizing with the lyrics repeatedly advising "talk to your mind, satisfy yourself, and let the light shine through. Talk to your mind and let it show you what's real. Talk to your mind and let it tell you about the lives you've lived before. Let your mind show you the way, because heaven above is not very far when you talk to your mind." I love these lyrics, to me, they embody a lot of what the psychedelic experience is all about. Halfway into the song it goes into this AMAZINGLY trippy segment where it's just chanting and a vortex of space wind or something, it's a TOTAL head trip. You must listen to this song and play it LOUD! "300 South" and "Heidi Ho" go into more straight ahead rock and roll sounds and are a bit tame in comparison to the previous tracks, but still good. There's some great bonus tracks on the Pace cd as well, my favorite being "Angela." It's a sweet little child-like sort of song with some great acoustic guitar.

Artist: Masters Apprentices Album: Masters Apprentices

Label: Aztec Music



If you're like me and love The Pretty Things and Q65 and all the great raunchy R&B stuff, you will LOVE the Masters Apprentices and this wallop of a 2 disc deluxe set rightly deserves a spot on your music shelf! These cd's compile the band's amazing debut record from 1967 and 27 additional bonus tracks, yes I said 27! And the bonus tracks are also essential stuff, not just filler unfinished songs or something, it's all great stuff. From what I understand, this is the first time that the album was released from the first generation mastertapes, and the sound quality is SUPERB! Their self-titled debut sounds amazing, and with the first gen tapes used, there's much more clarity/crispness. "War Or Hands Of Time" must be one of the greatest songs ever written, and here it sounds better than ever. There's some covers too, like "My Girl" and "Johnny B. Goode," but it's in the band's original tunes where they really shine... well actually their covers are great too! "Undecided" is a killer, raunchy, mean, ass-kickin' R&B tune that stands up there with any of the best early Pretty Things or Q65. "Buried & Dead" is another one of the greats from their debut, raunchy R&B, and yes, it sounds great here, the guitar shining through in better quality than any of the previous releases of the song. Next it's got their great singles from 67'-68' including the sweet psych-pop "Living In a Child's Dream," "Elevator Driver" and more. Disc 2 is a great collection of bonus tracks including demos and their "In The Garage" early tracks from 1966 that even include some tracks that the Pretty Things do like "Mama Keep Your Big Mouth Shut," "Don't Bring Me Down" and "Road Runner." Their demo of "Black Girl InThe Pines" is the best version I've ever heard, the vocals are so gruff, it sounds like the guy smoked like 50 cigarettes before recording this, it gives the effect the song needs though! You need this, essential for any fan of hard, raunchy R&B from the 60's.

Artist: Phoresis

Album: Letters to Canberra

Label: Blue Shift/Red Shift Records



Strange sounds from outer-space here with Nick Johnson, Karl Kreimeyer and friend's Phoresis, here they release "Letters to Canberra." Lots of strange sounds and even some dance-able tunes too like "Earthlight." Lots of melodic and beautiful tunes, it's really a quite diverse collection. Plenty of space rock from other dimensions. You can tell these guys are serious about music, no corporate rock sell out bullshit here. Available on cd and if you get the vinyl, there's some cool blotter art included!





## HEY CALLED HIM THE WIZARD









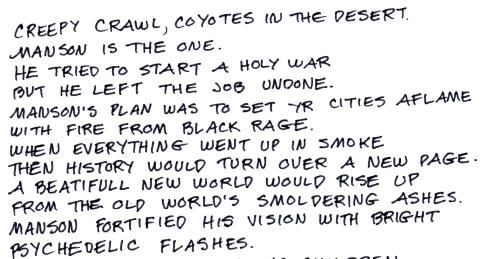












SATAN'S BIKERS & CHARLIE'S CHILDREN WOULD RULE FROM SHORE TO SHORE. ALL THOSE WHO ONCE OWNED THE SYSTEM WOULD NOW SERVE AS MANSON'S WHORE. YOU'RE DEMENTED, A MAD DOG, THEY TOLD HIM WHEN THEY LOCKED HIM BEHIND BARS OF STEEL. YOU'VE LIVED SO LONG INSIDE YR OWN MIND YOU DON'T EVEN KNOW WHAT'S REAL.

THERE'S A KILLER ON THE HIGHWAY. THERE'S A KILLER WAITING ALONG THE SIDE OF THE ROAD.

INSIDE MY TORMENTED MIND: A VISION OF AN EVIL PSYCHEDELIC TOAD. A LITTLE CHILD SHALL LEAD THEM, OUT OF THE CITY OF DOOM, OUT INTO THE DESERT, TO LIVE & PROSPER IN WHAT USED TO BE THE PHAROAH'S SECRET TOMB.

BURN CITY BURN! BURN EAST & WEST. TODAY BEVERLY HILLS. TOMORROW WE'LL BURN THE REST.

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## The Third Bardo



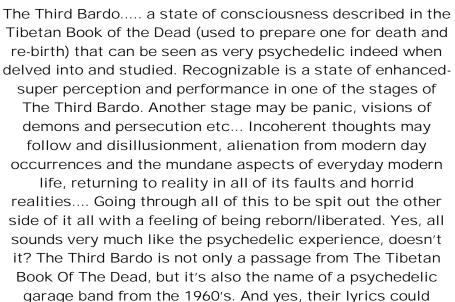












certainly evoke the feeling/memories of the WHOLE THING that is psychedelia.







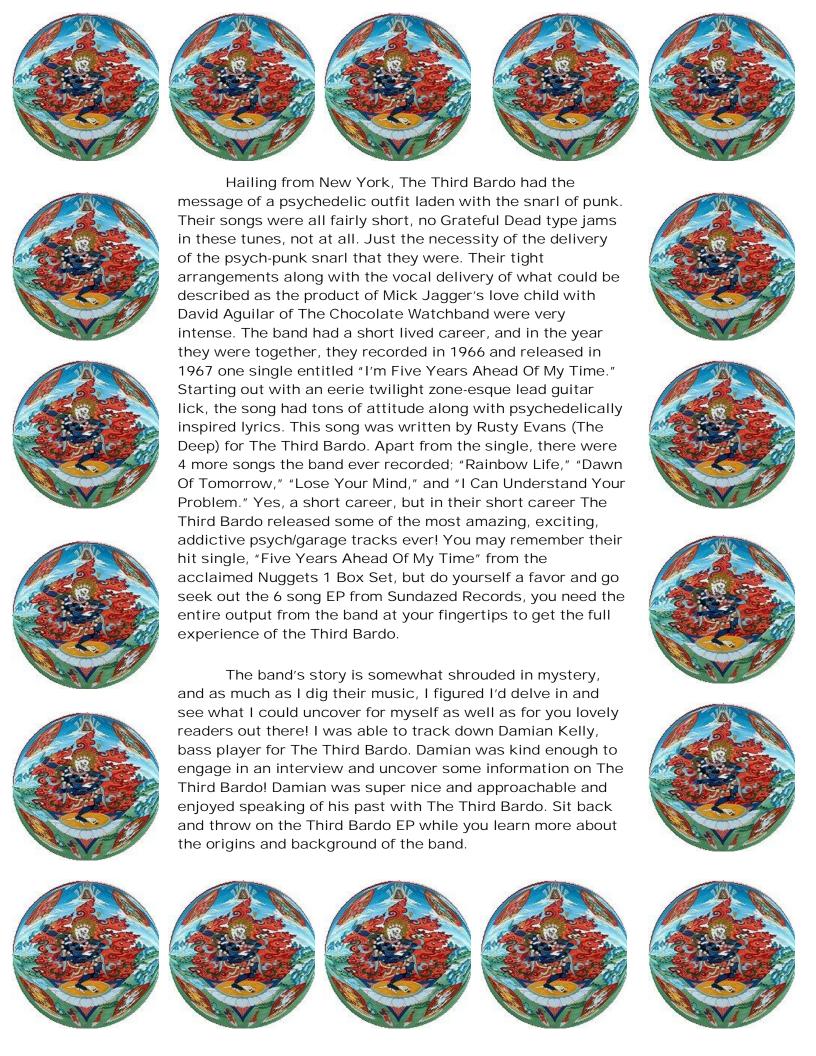


























I met Ricky Goldklang and Richie Seslow through a guy named John Powers who had muscular dystrophy, and he was a keyboard player. And we formed a band to play on the 1966 Jerry Lewis muscular dystrophy telethon. And that's how I met the 2 guitar players that ended up being in the Third Bardo. The band was Johnny Powers & The Facts Of Life, and we did 2 songs on the Jerry Lewis Telethon on Labor Day weekend of September of 1966. The other drummer Bob and Damian Kelly on bass, Richie Seslow on guitar, and Ricky Goldklang on lead guitar, Johnny Powers on keyboard. And we did 2 songs, 1 song was "I'm So Alone" and I forget the other tune, while back.. That's how the band started to form. Then we ran into Jeff Monn, great great vocalist, and we kind of rearranged the lineup so to speak. And it was Richie Seslow, Damian Kelly, Richie Goldklang, Jeff Monn and Jeff's friend Bruce Ginsburg from Long Island, New York... Rockaway, New York! And he used to be a drummer with the Four Penny's Review for a while and he had a lot of soul and funk in his heart, he played saxophone on the Teddy Randazzo recordings on "I Can Understand Your Problem," and "Lose Your Mind" and "Dawn Of Tomorrow." We played with him and the Four Penny's Review. The Four Penny's Review was basically kind of like The Four Tops, type of thing, soul.. Motown stuff...







## What was it like being the youngest guy the band, or did it even matter at all?



Well the way it worked out, in all the bands I was in I was always the youngest kid in the band because there weren't a lot of bass players back then. I just happened to hook up with it and I had a nice Hagstrom bass guitar, made in Sweden. And I was the only bass guitar player around really, and I just kind of lucked into it playing with these older guys. I was 16, everybody in the band was 19, 20, 21, 22 years old. I was a little kid, so it was a little tough getting me into the clubs in New York. What I did because I didn't have ID, is I joined the local musicians 802 in New York, so it was "hey ya got ID kid?" "No here's my union card." I was able to get into the clubs like that. But back then, you had to have your union card, it was a whole big deal to play some of these clubs. Now it's totally open. But back then you had to be a union player, or have ID or all this nonsense. At the time being 16 years old.... But it just worked out that I ended up playing with older players at the time, and it was very









educational for me.







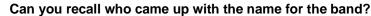














Jeff did, because he was into Timothy Leary and The Tibetan Book Of The Dead. And The Third Bardo is the third level of consciousness in The Tibetan Book Of The Dead, meaning the return to reality. So that's where the name came from, nothing to do with Bridget Bardo.



### Did you get to meet and hang out with Rusty Evans back during that time?



Yes. In fact I spent a week and a half with Rusty Evans when we were putting these songs together. And he's a beautiful guy. In fact I just, well 10 years ago during the Third Bardo revival, JP Melendez, who you have to talk to, record collector connoseur who turned me onto the following of the Third Bardo got in contact with Rusty Evans and when I was out in California visiting my step daughters. I went up to San Francisco and hung out with Rusty Evans for a couple days, up in somewhere north of San Francisco. It was a gas and a half. It was fun, it was great seeing him. It had been 35-40 years or something. So he's an older gentlemen now and at the time it was 10 years ago so I guess I was mid 40's or something. 15 years ago... but yeah it was fun seeing Rusty and the amazing thing about it, was working with Rusty Evans and Teddy Randazzo. We had these basic song ideas, and Rusty Evans had some song ideas. "Lose Your Mind," "Five Years Ahead Of My Time" were Rusty Evans songs. "Dawn of Tomorrow" was Ricky Goldklang and Richie Seslow, they wrote that. "Rainbow Life," that's a Rusty Evans song also. "Five Years Ahead of My Time," "Rainbow Life" and "Lose Your Mind" were collaborations with Rusty Evans and that beautiful wonderful man, Teddy Randazzo. "Dawn of Tomorrow" was Richie and Ricky's song. And "I Can Understand Your Problem" was Jeff's song.



## What are your memories of the recording sessions for the handful of songs The Third Bardo recorded?



Think tanking, think tanking.. working with a professional like Teddy Randazzo. Back in the late 50's there was Frankie Avalon, Fabian and all these Elvis kind of stars. They all sounded like Elvis Prestley, Fabian, Frankie Avalon, and there was Teddy Randazzo, he was a teenage heart-throb from New York. He toured all over the tri-state area, Philadelphia, ba ba ba... he was on American Bandstand and this and that. And then he just got into, he said well the face of the music industry is changing and so he decided to get into the soul end of it and he came across a group from Philadelphia called, well I'm not sure if it's Philadelphia... called Little Anthony & The Imperials. "And I think I'm going out of my head, o-ver youou." That's Teddy's group, he found these guys sitting on the street corner



















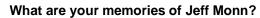






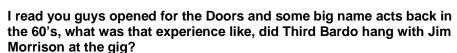
and brought them into the studio and had a bunch of big hits with them. And when that was kinda phasing out, he wanted to get into the new thing, and that's how he happened to run into us. We did a gig up in the Uptown Bar, on 57<sup>th</sup> St. the east side of 57<sup>th</sup> street somewhere, and he happened to be there and he heard us. And he wanted to get us into the studio. And that's how it all came about.





Beautiful guy, major ego, sweetheart, nut-cake. And those vocals came out so GREAT because Teddy coached him, coached him, coached him. I mean he worked this guy out, coached him to get the very best out of him. Well, Teddy Randazzo saw the potential in him and spent hours working with him to get those vocals. Those vocals are so cool. Teddy really got the best out of those vocals, and the vocals sound great, "In The Dawn Of Tomorrow" you know, all this crazy stuff. The vocals are fabulous.





Yeah. The place was called Steve Pauls Scene. Steven Tyler used to go down there all the time, that's where I met Steven Tyler, I went to school with Steven Tyler at a place called Quintano's School For Young Professionals. On East 57<sup>th</sup>... it was right in Columbus Circle, right down the same block as Carnegie Hall. And the beautiful thing about that school is you show up at 10 o'clock in the morning, you have 4 half hour classes that consist of 20 minutes each. So you're in school at 10 o'clock in the morning, you're out by 12 noon, you've got your 4 basic courses and you're off! You could go up to Central Park and smoke pot or you could go down to the village and smoke pot. It was fun. And because the Third Bardo was gigging at the time and we had an income, I paid for the school myself., and that's where I met Steven Tyler.





Of course, it was great. Well actually it was very brief. They came in, they were in town, this is off their first album, they were playing at Steve Paul's Scene. Actually they were in New York doing a promo, basically this is before "Light My Fire" took off. They were doing a promo and they played at Steve Paul's Scene and we happened to be the opening act. So it was interesting, it was fun. You know all sorts of crazy people were poppin in; Jimi Hendrix, Tiny Tim, all sorts of... it was a real scene. The place was called Steve Paul's Scene. I think it was West 58<sup>th</sup> Street? In Aerosmith's "Walk This Way," Steven talks about it on there.

























Can you remember the live set you guys did? I know you only recorded a handful of songs, did you guys add any others to the set?



Most of our shows were showcases, so we'd just do our 5 songs. When we had club gigs and stuff and we had repertoire, we did uh... well one of the songs we did that a lot of people freaked out about, but we loved it was Stevie Winwood's "Gimme Some Lovin." We'd go into the riff and get the crowd going, and there's no organ player onstage, ya know, how are they gonna do the organ riff.. and Richie Seslow had his harmonica soaking in Jack Daniels and ginger and some water to loosen it up and swell the wood up a little bit and he'd pull that harmonica out of the glass and do Stevie Winwood's Hammond organ part on a harmonica, on a mike with some echo and some reverb. That was always fun, ya know "how are they gonna do this song, there's no keyboard up there," hahaha... so Richie whacked it out on a harmonica with a little reverb and echo. And it sounded cool. And then we had another cover we did "she's got everything she needs, she's an artist, she don't look bad."











### What was the psychedelic scene like in Manhattan back in the 60's?

That's a big question. What was it like? Everything was new, everything was beautiful, we were gonna change the world. This is the way it is, throw out the old, bring in the new, love, peace, flower-power. Drugs are cool, and life is beautiful. There was very little violence, that I knew of, that I experienced. And just wonderful wonderful things. I was working as a mink stretcher after The Third Bardo broke up and I was working for Feldman & Sons on West 33<sup>rd</sup> Street and I was riding a shooting star motor cycle and rather than drive back to Long Island in rush hour traffic, I would just park it down by the Fillmore East and see all the local acts in 1967 at the Fillmore East. Oh man, everybody played there;



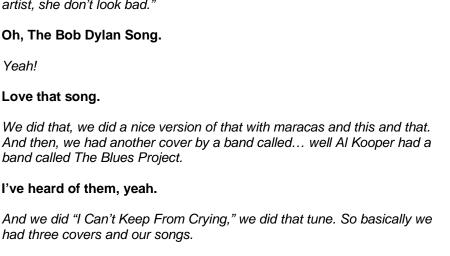














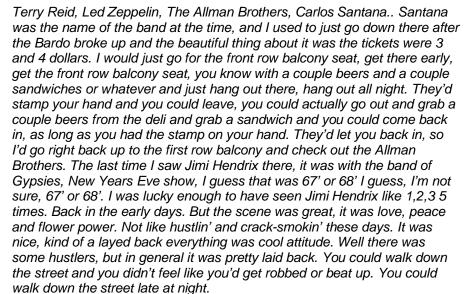
















#### What are you up to nowadays, are you still into music?

Oh yeah. Well I couldn't find a good psychiatrist, so I bought a pedal steel guitar. When I'm out in Nashville with my friend, singer/songwriter Jim Powell, and when I'm not in Nashville I'm down in Southern Florida working on the pedal steel guitar, I'm in therapy I guess you could say.





### Yeah, music is the best therapy, playing music is the best medicine!



Yeah. I'm playing the single 10, which is single neck, 10 string steel guitar, with 3 pedals and 4 knee levers. A total of 17 tunings. At first it took me an hour and a half to tune the thing, now I can tune it up in 10 minutes. 17 tunings, and you have to tune the pedals, because when you put the pedal down it's got to bring the string up to the right tone. So you had to tune your pedals, and you gotta tune the levers, and tune the strings. It's the most unusual guitar that I've ever played. I enjoy it, it's beautiful and I've met a lot of nice musicians through it and I enjoy playing. I'm not really playing professionally, but I'm doing open mics and... it's nice.





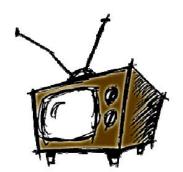












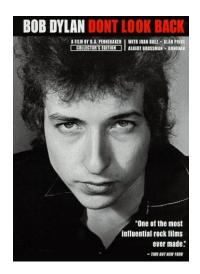
# DVD & BOOK REVIEWS



DVD: Bob Dylan: Don't Look Back

By: D.A. Pennebaker Order: www.amazon.com

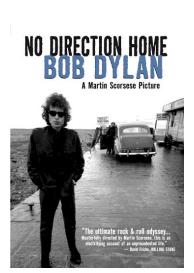
An absolute classic documentary from D.A. Pennebaker! Don't Look Back captures Bob Dylan during his 1965 UK tour. Also, it would be the last time you'd see Bob Dylan play an acoustic tour, afterwards he'd pick up the electric guitar at the Newport Folk Festival and shock folk fans and Pete Seeger especially! In this great doc we get to see Dylan messing with/getting irritated with the people trying to interview him, which is quite entertaining; "Why would you even ask me that, you've got a lot of nerve asking me that question. Would you ask the Beatles that?" I guess Bob just got tired of interviews and being asked the same questions all the time? Lots of footage of Joan Baez with Dylan; hanging around backstage, in the car, fiddling around singing Hank Williams songs together offstage. Apparently, Dylan and Baez split right during this time, actually there's a scene with Baez walking out of Dylan's hotel room and that's reported to be the actual moment where she walks out of his life and doesn't come back. There's a hilarious scene where the big old husky long-time manager of Dylan. Albert Grossman very aggressively confronts a hotel employee after the Dylan entourage are questioned about noise coming from the room. There is also the famous scene where Dylan and Donovan meet and exchange a couple of songs. It's quite a beautiful exchange, one of my favorite scenes, maybe THE favorite scene for me in the whole documentary. Donovan performs "To Sing For You" off of his first record, and then hands the guitar to Dylan and requests "It's All Over Now Baby Blue," to which Dylan performs an amazing intimate version of that incredible song. It's moments like this that make the film quite an extraordinary visual capsule in time. Plenty of footage from a performance at the famous Royal Albert Hall as well. A must have for Bob Dylan fans!



**DVD: No Direction Home: Bob Dylan** 

By: Martin Scorcese Order: www.amazon.com

Martin Scorcese has managed to put together the definitive Bob Dylan documentary! It's about time somebody did, and I can think of no one better than Martin Scorcese, he pulled it off brilliantly. First off, let me say that one of the things that I love about this documentary is that actual Bob Dylan MUSIC is used for the soundtrack! The reason I point this out is that in many documentaries I've seen in the past on musicians/bands, they can't get legal permission or whatever to play the music and it really takes away from the enjoyability of it all! Yes, Scorcese had Dylan's cooperation throughout and there's loads of great interview footage with him as well! The film starts off early in Bob's life, his influences are documented nicely. It's very interesting to hear about Dylan's encounters with Woody Guthrie and making a point to see him before he died. We get a good education on the early NYC folk scene. There's plenty of GREAT archival footage and interview segments with some of the greats such as Joan Baez, Pete Seeger, Allen Ginsburg and especially Dave Van Ronk who was very insightful in talking about some of the great Dylan songs. Van Ronk got particularly emotional when he was speaking of "A Hard Rains Gonna Fall." The film focuses on the years 1961 through 1966, which is fine by me, because they're my favorite Dylan years! A lot of focus is put on when he, to many people's surprise, went electric at the Newport Folk Festival in 1965. This is an important moment in rock music history, so I thought it was a good move that Scorcese devoted some good time to that event. This originally aired on TV on PBS, then later the 2 disc DVD set came out. The DVD set includes some FULL LENGTH Bob Dylan performances on the second disc, so you can satisfy your thirst for music after being teased by performance snippets during the actual doc. If you're a BD fan, you need this!



**DVD: Nirvana Live Tonight Sold Out!** 

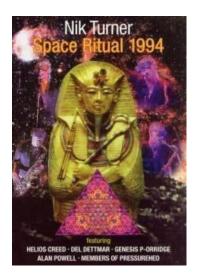
Order: www.amazon.com

It's about time that they put this on DVD. This was a film that was started with all the band members, including Kurt, but once Kurt passed away it was completed by the remaining band members. How can you not love Nirvana, right? Quite possibly one of the last great rock bands ever from the mainstream. This video is a highly entertaining collection of interviews, onstage performances, and funny intimate moments with the band. The live material is from the Nevermind tour 1991-1992, and the quality varies, as some of the footage is pro shot, while other footage isn't. But that doesn't take anything away from this. An example, you get the infamous scene during the song "Love Buzz" where Kurt stage-dives and then hits the bouncer in the head a few times with his guitar leaving him bleeding. The bouncer returns the favor by walloping Cobain by punching him in the head and kicking him, end of show. Tons of great footage; destroying equipment, live version of the "secret song" from the end of Nevermind entitled "Endless Nameless," spitting at the camera, it's all here folks! Extras on the disc include 5 songs live 1991 in Amsterdam. Long overdue DVD release of this great Nirvana video compilation!



DVD: Nik Turner Space Ritual 1994 Order: www.cherryred.co.uk

An old favorite of mine that I've had on VHS for years finally gets a DVD issue. Nik Turner assembles an entourage of psych-heads to tour the United States and perform "Space Ritual." Nik is joined by Del Dettmar (Hawkwind), Helios Creed (Chrome, Helios Creed), Genesis P. Orridge (Throbbing Gristle, Psychic TV/PTV3), Paul Fox and Tommy Grenas (Pressurehed/Farflung) and more. The lineup is amazing, and I must say that Helios Creed's guitar work adds another dimension to the whole thing, his brand of acid punk, multidimensional, fuzzed out guitar tone-age just kicks things up several notches. Helios Creed's "Nirbasion Annasion" is performed here as well. Many old Hawkwind favorites performed also, some highlights are; You Shouldn't Do That, Ejection, and Master of The Universe. Now, I do have a couple of gripes with this DVD. For one thing, the transfer is really not great at all! You'd think they'd remaster it, but I'll be dead honest.. I have a DVD I made directly from my old VHS tape and the quality is noticeably superior! They should have taken more time with it for sure. Also, they omit a song! Yes, "Orgone Accumulator" is not included here! One of my favorites, nonetheless... why would they do that? One thing that is very cool that may make up for it is a 45 minute tour diary video from Nik Turner's private collection. I love stuff like this. All backstage footage, behind the scenes, on the road from the tour.... it's quite an entertaining watch. If you've never seen this before, watch the tour diary video and then the performance, in that order.



**DVD: Love Story** 

Order: www.amazon.com

Finally the story of Love and Arthur Lee is released! Love's music, as reviewed in past issues of Psych Trail Mix, is very diverse. Love blended rock, folk and psychedelia nicely to create quite a unique sound. Love were the first rock group to be signed to the Elektra label, who would later sign the Doors. Personally, I think that this DVD does the band's story justice. Lots and lots of great interview footage with Johnny Echols, John Densmore, and especially lead man Arthur Lee who is guite the character to say the least. You get the whole story from the time they were in high school all the way through to signing with Elektra and the end of movie even gives you the whole "where are they now" information where you unfortunately discover, if you didn't know already, that Arthur Lee died of Leukemia in 2006. One bit of information I was happy to hear is that the 18 minute jam track "Revelation" on their amazing "De Capo" record, Arthur Lee was also not a fan of. I think it's a very weak track in comparison the rest of the amazing material on De Capo. Arthur Lee says it loud and clear in this doc, "that's the worst fuckin' song I've ever done in my life." So it's nice to know that Arthur isn't a fan of the entire 2<sup>nd</sup> side of LP as well! The whole band actually admits it! Another cool scene in the doc is where Arthur Lee tours "the castle," the trippy looking mansion that the band shared back in the 60's, it's quite entertaining seeing Arthur recollect his thoughts on the place. Only disappointing thing is lack of full live performances/footage on the extras, but other than that, I think we're fortunate that they were able to get together with Arthur Lee to tell the story properly and give his thoughts before his unfortunate passing in 2006.



**DVD:** Berkeley In The Sixties Order: www.amazon.com

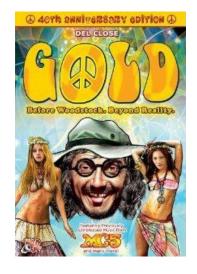
Here's a great award winning documentary from 1990 about the protests and counter-culture movement in and around the University of California-Berkeley campus in the 1960's. Lots of great footage of the events that happened at Berkeley and the speeches and the emergence of the police as the University felt threatened by the actions of the students who were organizing and standing up for their right for free speech, racial equality and freedom of expression. There's many similarities from then to today when it comes to just over-fed, fat jowled, soul-less old white men with grimacing faces trying to squash any advancement of the human race and evolution, and just fun in general! It's quite astonishing when you watch this, and I must say that after watching the footage of Ronald Reagan who was governor of California at the time.... what a fucking DICK! He just didn't even make sense when he talked, instead he just sounded like an old asshole who was catering to his tired old cowboy-loving supporters... There was one point where he said something to the effect of "the young people are protesting for freedom, when in fact they don't even love freedom, they are haters of freedom.." Ugghh what a moron, some things haven't changed when it comes to tired old men leading this country. Anyway, sorry for my rant against Reagan. This documentary is well worth checking out. It goes from the students on campus fighting for the right of freedom of speech and expression and racial equality all the way to protesting the Vietnam War. The footage is quite inspiring of when they took the streets and outnumbered the police at one point and shut down the building where young men went to enlist. Lots of great archival footage and interviews with the people who were there at the time it all transpired. Well put together documentary, highly recommended.



**DVD:** Gold

Order: www.wildevereleasing.com

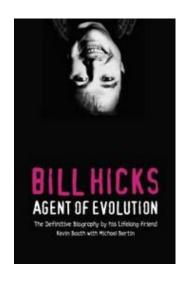
Interesting and quite strange little flick here from 1968, released by Wild Eye on a nice DVD with some cool cover art. The cover states "Before Woodstock. Beyond Reality." One of the great things about this flick is that it features a really cool soundtrack of unreleased music by the MC5! The blending of hippie and western elements makes for quite a strange brew to say the least. The hippies here set up a commune in an old Wild West community; this of course upsets the authorities who need to get their hands on some of them there dirty drug takin' hippies! It's quite fun. And there's lots of nude hippy "free love" scenes in here too. Definitely has all the elements that make a fun little goofy 60's flick, and it certainly is a fun watch. It's also got the whole "hippies vs. straights" element going on which is always fun, right? Don't expect too much of a plot when watching "Gold," but it sure is an amusing watch with all the goofiness and the free-lovin' and drug taking segments. Lots of extras on the disc as well including a 60 minute interview with the director of the film, Bob Levis, commentary, trailers and more!



**Book: Agent Of Evolution Author: Kevin Booth** 

Order: www.kevinbooth.com

This is definitely my favorite Bill Hicks book. Written by one of his best friends, Kevin Booth along with contributions from other close friends and comedians, we really get an inside look into what the great Bill Hicks was really like. You may have heard Bill talking onstage about how he boarded a UFO during one of the mushroom trips they took at the ranch; well here we get it all from a first person perspective in full detail of that night during the Harmonic Convergence in August of 1987. It's very interesting to get the full details on this, it was an extremely important experience that would affect even Bill's onstage performance. The book clocks in at over 400 pages, but it's a very quick read for sure. I'd recommend before going into this to at least have seen some of Bill's performances and have some knowledge on Mr. Bill Hicks, it will make the book much more interesting. There's also over 20 pages of COLOR photographs from the vaults, a really nice addition. This is without a doubt, THE definitive Bill Hicks Biography, written with love from people who knew Bill the best. It's just a ride....



**Book: Acid Archives 2<sup>nd</sup> Edition** 

Order: www.forcedexposure.com or www.bompstore.com

So, ya think you've heard it all, think again... When volume one of Patrick Lundonborg's "Acid Archives" was out, I had tried to obtain a used copy as it had been long out of print. Copies went online for over 200 dollars! I couldn't afford it at the time. I'm definitely glad I waited, as this 2nd edition is expanded and now completely printed in 400 pages of color! I had been anxiously awaiting the arrival of the book, even tracking the delivery online from work! When I arrived home and found it on my door-step, I was amazed at just the weight of it, it's a monster of a book and the design is beautiful. If you're into underground music, this is quite an amazing resource, and the people that put it together must be commended for the exhaustive work that they put into it. Page after page is filled with reviews of rare/underground albums from the 60's and 70's, even many super rare private pressed lp's are reviewed here and given the attention that they deserve. When you start to delve into this, it's hard to stop! I couldn't help myself from popping onto youtube while reading this and just seeking out some of the music reviewed within the pages. I've already been turned onto albums I'd never heard of or knew existed. Having it all in color is a major plus, because let's be honest, the album cover art looks 10 times cooler in color! The back of the book features some interesting "Top" lists from the various people who reviewed all of the records in the book, these could actually be used as a start to delve into some good music, if any of them are unknowns to you at the present time. I've had the book for a while now, but I'm still reading through the pages and discovering unknown greats. Snatch this up while you can before it goes out of print and goes for hundreds online, I've heard it's selling well. Again, this is an absolutely amazing resource of rare, and in many cases, unheard of great music that has been dusted off and uncovered out of attics, and treasure chests and lovingly reviewed by people who have a passion for rare music and who know that a lot of the BEST music goes unheard of or is pushed deeply underground. It must also be noted that the 2 Psychotronic books from the 80's were one of the main inspirations for the concept of Acid Archives, along with Paul Major's record catalogues. Get this while you still can, it's going quick!



Book: Ugly Things #30 Order: www.ugly-things.com

Yes, I consider Ugly Things a book! The issues are beefy and nicely bound, and the material is always quality. It's more book-like to me than flimsy magazine. Issue #30 does not disappoint in the least. There's a nice, lengthy, revealing interview with Ray Davies of The Kinks as well as little mini Kinks features within that feature. It's an amazing interview, if you are a fan of the Kinks you must seek this out! There's also superb features on Australia's amazing Masters Apprentices as well as Holland's Q65. Johan Kugelberg presents an informative guide to 60's punk compilations. And as always, there's the extensive cd, DVD & book reviews sections. Ugly Things is an inspiration for this zine and continues to put out quality material. Go get Ugly Things if you haven't yet, you're missing out on being turned-on to all things great.

Book: Shindig Magazine No. 15 Order: www.shindig-magazine.com

Really nice issue of Shindig Magazine here. They've got the split front cover, where if you flip in one way it's the Hollies on the front cover, and if you flip it over the other way, the Ramones are on the front cover. Nice touch. There's a nice feature on the Hollies as well as a nice, beefy feature/interview from the vaults with the Ramones. As always, there's the review sections of books, movies and music. Also, their "Vinyl Art" feature at the end of every issue is a treat as well, with this issue featuring the Incredible String Band's "The 5000 Spirits Or The Layers Of The Onion." Shindig keeps the torch lit and puts out consistently quality reading on all things beat, psychedelic, folk and more!

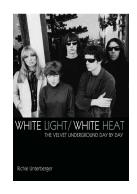
Book: White Light/White Heat: The Velvet Underground Day By Day

**Author: Richie Unterberger Order: www.amazon.com** 

Written about one of the best, most influential rock bands of all time, White Light/White Heat is one of the best books on The Velvet Underground to date. You may know Richie for his previous works, notably "Unknown Legends of Rock n' Roll." Here, Richie compiles an amazingly detailed resource on all things Velvet Underground, chock full of unreleased interviews as well. Day by day, and how exhausting must it have been to put this together? Richie must be commended for this work. The book is worth a space on the shelf of any big VU fan. It's also loaded with beautiful photographs, flyers, clippings and more!







## ERGGYY ELICKS ERGM THE

GROOVY!

DIG IT!

RIGHT ON!

PEACE!



FAR OUT!

DUDE!

KEEP ON TRUCKIN!

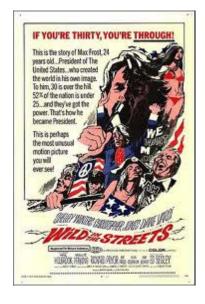
**OUTTA SIGHT!** 



Yeah, yeah, I know... corny title, right? Well, it goes along with what this feature is all about. There are certain flicks that have a particular charm to them that only the era of the 1960's could create. These are just fun flicks that take you back to that time period. Luckily, a good number of films were created back in the psychedelic 60's that capture the feeling of that time, many times in a very funny way, and here they're forever documented on film. This is one of what will most likely be a number of installments in Psych Trail Mix of some of my choice picks of "Groovy Flicks From The 60's."

Movie: Wild In The Streets Released: May 29, 1968

This flick was a whole lot of fun. I'd heard about this over the years and just recently got a chance to check it out. Max is a young kid who doesn't get along with his overbearing parents, and he's an aspiring chemist making home-made explosives and later other things that would come in handy with his journey. He runs away from home and becomes the biggest rock star in the country, Max Frost, with his band "The Troopers." Eventually he goes political and tries to get the voting age changed to 14, performing the song "14 or Fight" onstage on live TV while the angry older politicians look on in utter dismay. Lots of fun along the way, including spiking the water system with LSD and electing one of his hippy girls into the senate! The scene with the senate trying to hold a meeting while under the influence of psychedelic drugs is priceless. Lots of things way over the top in this "groovy 60's flick," so don't go into it expecting a serious movie, but if you love the old 60's psychedelic exploitation type flicks as much as I do, then please check it out. Seeing them communicate with all the hippy lingo to serious political government people is pretty damn hilarious. The great song "Shape Of Things To Come" also appears in this. Dig it babies!









**Movie: The Trip** 

Released: August 23, 1967

Another fun "groovy" little flick here from the 60's. Peter Fonda plays a TV commercial producer named Paul Groves who is having marital issues. He decides to go "on a trip" to see if he can learn something about himself. So he goes with one of his turned on friends named John who advocates the use of psychedelic drugs to a nice pad out in LA fully equipped with indoor pool to take a nice, healthy dose of LSD. John guides Paul along his trip telling him to just go with it. Paul experiences visions of women, sex, light shows and even a strange little dwarf administering him some sort of elixir in an old giant wooden spoon, some weird shit! There's one scene that struck me as quite funny when Paul (Peter Fonda) freaks out in the swimming pool during some trippin' swimmin' and John, the guide, pulls him out and coddles him like a baby, bare assed and all! Dennis Hopper also makes an appearance as he seems to play the turned on hippy in several flicks back in the 60's, he gives Paul a slideshow of his life and gives some insight during his trip. Another fun "groovy" little 60's flick here that I can recommend confidently.



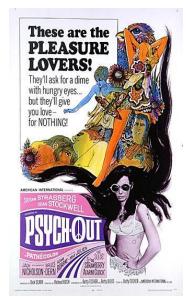






Movie: Psych-Out Released: March 6, 1968

I've been wanting to watch this one for many years now and finally got around to doing it. "Psych-Out" with Jack Nicholson, how's that for a title? Jack Nicholson plays a hippy named Stoney living in the Haight Ashbury district of San Francisco. A young, deaf, runaway named Jenny is a teenage girl in search of her brother, "The Seeker," and ends up meeting up with Stoney (Nicholson) and his group of freaks and experiencing first hand all the activities that went along with the time, and staying in their pad which is a giant Victorian home sporting beads everywhere and tons of stoned hippies practicing "free love!" It's a fun little film from 1968 with great footage of the scenery back during that time, and it's actually produced by Dick Clark! I dig the scene where Stoney and his band go to pick up their psychedelic gig poster to hang around town to promote their show, cool scene. There's even a scene with Stoney and his band ripping off Jimi Hendrix's "Purple Haze" onstage! Another cool thing about this flick is the cameo by The Seeds! The Strawberry Alarm Clock also make a cameo, performing onstage. Always a plus when real bands appear in these! There's a cool fight scene with one of Stoney's friends tripping on acid thinking he's a knight. Definitely worth catching this one, it's full of comedy and funny 60's hippie humor and all that "far out groovy stuff man!!" You gotta love the line "God is alive and well in a sugar cube!"





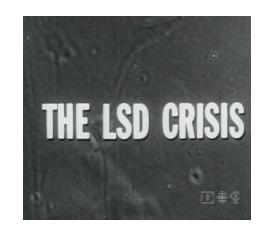




**Documentary: How To Go Out Of Your Mind: The LSD Crisis** 

Released: 1966

This is a great little documentary. Certainly not as goofy and funny as the titles previously reviewed in this feature, but it's certainly "groovy," so I figured it deserved a spot! The thing that I like about this documentary is that it's not one of those cheap scare drug exploitation docs put out by people against drugs, but it actually looks at both the positive and negative sides of LSD, it's quite objective. Shot in beautiful black and white, the quality is nice and clear like it just happened yesterday. One of the cool things I like about it, and a quality that it has that the other films here have, is that it takes you back into the 60's and you get a nice look at the culture back during that time, and in this case, the LSD drug culture. Lots and lots of very cool footage contained within, and people like Richard Alpert (pre Ram Dass days) and lots of Timothy Leary as well. Hearing Leary talk, you realize that he may have definitely been a factor in the illegalization of LSD, I'm sure he scared straight people with his pro-drug stance for sure! Some of the coolest footage is of Leary with his crowds of followers at the lovely, nature-filled, quite beautiful 2500 acre, Millbrook Estate in New York. Here he had created a little psychedelic commune in a castle-like house where they would all "turn on" and discover themselves with Leary being their trip guide. It's quite a fascinating look back at the time to say the very least. Get this if you can track it down.







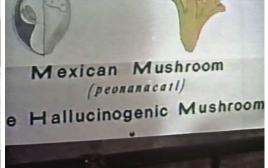


Movie: Work Is a Four Letter Word Released: September 25, 1968

Starring David Warner and Cilla Black (who was friends with the Beatles), this is quite a goofy little flick from 1968. It's about a guy named Valentine Brose who doesn't want a job, but his girlfriend (Cilla Black) urges him to get one and he ends up getting a job at a plant and discovers that the boiler room happens to be the perfect temperature and dark lit environment to pursue his first love which happens to be psychedelic mushrooms! This has all the elements that make a twisted, goofy, drug laden "groovy" flick from the 60's! The scene near the end is hilarious when all the straights go to the boiler room and indulge in the mushrooms at which point laughing ensues and all sorts of craziness as Valentine and his woman escape!











When something is so incredibly lame and beyond stupid, that all you can do is just shake your head and say "STOP."

Human Beings; pushing the boundaries of stupid since the beginning of time, we are heading toward a nation of complete cultural anti-intellectualism for sure, we may already be there. Just read the following and you'll see these realities of stupidity that we're currently entrenched in.

Here are 10 things, that if we could just "STOP" them, perhaps we'd push evolution out of its current stalling, and prevent certain things from tainting our collective unconscious.

"I'mma" is not a word! Yes, people are now saying "I'mma." In case you're wondering how to pronounce it, take the word comma and remove the c, then say the word. "A-yo dog, Imma be the flyest dawg around wit these new 800 dolla shoes dawg." You hear it in today's vomit-inducing, ego-laden, soul-less, image/looks obsessed rap and diva songs on Empty-V, and from your teenage kid's mouth. It just sounds so moronic. Do we need to infuse trendy ghetto language into everything nowadays? It doesn't make you sound "fly yo!" or cool, you just sound like an uneducated douche-bag. Stop.





Enough with the <u>pop star "divas."</u> Yeah yeah, I know I may say sound like a broken record with this one, but it's just so incredibly douche-chilly when you hear this garbage. Endless troughs of this crap being pumped out constantly, marketed to young girls who think they're cool and "edgy"... and even to people in their 20's and above with extremely low iq's.... Oh how edgy with those songs about sex, masturbation and massive bloated egos... And don't hit me with the whole "not everyone is into the same thing," spiel, because when I see something that's as pathetic as this shit, I have to say something, sorry, I can't respect it in any sort of way. I'm not a huge fan of country music, but I at least recognize it as some form of MUSIC and I understand how it could appeal to someone, but the diva shit is just that, SHIT. The narcissistic "center of attention" nauseatingly-lame auto-tune fest is anything BUT artistic or REAL in any way.

nauseatingly-lame auto-tune fest is anything BUT artistic or REAL in any way.

Anyone with half, no... a QUARTER of a brain actually, could realize once hearing the lyrics of this shit, that it's incredibly lame and stupid, off the charts stupidity..."look at me oh baby baby, oh baby baby everyone wants me oh baby baby." Stop.



Are these people who hold humans to a higher standard than animals for real? I've made the mistake of actually trying to engage in a discussion with these ignorant assholes, something I will never attempt again. "Well I don't think animals should be held up to the same standards as humans." .... Oh yeah because humans are so great, right? We're so great; greed, wars, torture, destroying the beautiful planet... Got news for ya, if human beings became extinct tomorrow the only thing that wouldn't benefit would be the parasites feeding off of us. When I look around the world today, I see much more sense as a whole in animals than I do in humans. Enough of the masturbatory "gee aren't humans great" patting on the back. They always give you this too, "well that's just my opinion, that's what I believe." .... Yeah well the difference here is that your opinion is wrong and mine is right. So please pull your ignoramus head out of your asshole and smell the coffee, you disgusting unevolved vomit of a human being! I wish we could round up these people along with Michael Vick and torture and bang their teeth out with a hammer like he did to those dogs, ya know what people do to animals and then pay a fine and maybe serve like a day in jail. THEN let's see if their "opinion" changes.

Could we quit trying to make everything as bad for you as possible? Have you seen this KFC Double Down sandwich? Two giant greasy pieces of deep-fried chicken as the BREAD, with bacon, cheese and shit sandwiched in between... uggghh Then Friendly's out-did them with the Grilled Cheeseburger sandwich... this thing is really disgusting, it's 2 entire grilled cheese sandwiches as the bread and then in between that is a big ol' all American burger! This thing has enough saturated fat to stop the BP oil spill and enough sodium to preserve a wild bear for years. I think they should start taxing this shit, instead of just demonizing cigarettes, because this crap is just as bad for you as cigarettes if not worse... I think it's funny when you say that and people get all huffy and puffy, "what... you want the government telling you what you can put into your body, what you can eat, it's my body, I'll eat what I want!" Well, Mr. phony Fox News patriot, the reality is that it affects us all. That's why over half the population is obese and obesity continues to rise! That's why we can't get universal health care and why the costs now are so freakin' high. It's the liability of the chance that one of the people who eat this shit constantly has a heart

attack. Enough already.. Stop.





Could we end the <u>obnoxious sagging pants fad</u> already? I mean, I don't mind if someone is wearing loose pants or whatever, or even a little saggage is all-right I guess. But when you see these brainless morons parading around with their pants so low that you can see their whole ass and their underwear... I mean come on! No one wants to see your filthy ass, you just look like a fucking idiot! You see these doofuses walking around with their pants on the floor, ass sticking out and they have to hold their pants up with one hand which only adds to the overall lame factor of it all. Many times they even grab their balls on top of that in an effort to look macho or something? Who knows... I can't even figure out the mentality of these little douche-bags. We need a vigilante out there who can sit on rooftops and when then they see them with their asses out, a giant spear can be fired up into their assholes. It'll even give them some "street cred" that someone "capped their asses" literally. Maybe then they'll learn, otherwise they'll keep getting their fashion tips from Empty-Vee videos. Stop.



These <u>overly aggressive sports fans</u> need to calm down. I have nothing against watching sports, but these guys just get way, way too into it. I mean they get into fist-fights over someone insulting their home team..... not very intelligent people here folks. You're at one of these events and a guy cheers the opposing team of the other meathead sitting next to him, and you'd think he just said that he raped his mother rectally or something. Usually it escalates with one of them pouring the beer over the other's head and oafy swings ensue until security boots them out of the venue. Plus, if their team wins, they go outside and flip cars, destroy things and act like apes... Cool it, it's a game, not a life changing event. Stop.

Enough with the <u>overuse of the word "bitch."</u> It really makes you sound like you have the IQ of the village idiot. Is anyone else tiring of the word "bitch"? In any situation it's starting to sound really corny and mindless; the moronic tough guy route, "he's just a bitch, he don't wanna fuck wit me," or even when a girl is referring to her friends when she's about to "hit up da club," "let's go bitches, this bitch is gonna get drunk tonight," or when one of the soul-less Empty-V diva or hip hop stars introduces themselves with their name and then the word bitch immediately after... "dis "insert name of any diva or empty-v rapper here" bitch, I'm here yo." Sorry, not a badge of honor to refer to yourself as a "bitch," even in today's lame society where stupidity is glorified. Also, it's used when the ghetto hand symbols come out when a fight is about to break out... what is up with that? You're ready to get into a fight, so you slant your hand sideways and move it back and forth in front of someone's face.... Ugghhh so lame. Stop.





<u>If you use the "auto-tune," you can't consider yourself an "artist."</u> For one thing, you're not playing a musical instrument or anything, and your whole shtick is to dance around and sing lame lyrics (well in a live setting they don't even do THAT, they lipsync), at least be able to SING! And it's not even a cool effect! It sounds just like your shitty so called "music" does; over-produced, phony, fake, super-lame and corny. Stop.

<u>Stop saying "it is what it is."</u> It seems that literally overnight, this became the new favorite phrase of America. My dog died, well "it is what it is." Lost my job, "it is what it is." My entire family was slaughtered, but "it is what it is." At least switch it up a little every now and then, I don't know... "it is what it isn't"?? Ahh, Stop.





Enough with these idiots who are trying to make the tattoo culture synonymous with rock and roll. Tattoos may have been counter-culture back in the late 70's/early 80's or whatever, but nowadays, everyone has a tattoo and it's kinda meaningless when it comes to any form of rebellion/individuality. But the lame masses will fake-it-up nicely as usual. You see people on reality shows doing it; you have 1 person out of the group who has been placed to live in a house together, they're the one with the tattoos, and with the "tatties" comes a whole false self confidence and phony rock-star persona as they flash the rock n' roll hand sign. Hey are they the baddest "bitch" in da house dawg? Ugghh I'm about to vomit in disgust. Stop!

So there ya have it. We live in a world of incessant self-obsessed updates to "statuses" on social networking sites like Twitter and Facebook, particularly of so called "celebrities," and constant texting and puckered lipped photo shoots taken by cell phone cameras in front of bathroom mirrors with ever-so-lame sideways peace signs, cars speed by as you hear the bass dial cranked to the max bathed in auto-tuned vocals with mindless, narcissistic, ego-driven, corporate manufactured, P-Diddy approved earpuke..... ahh yes we live in a world with mindless drones who think that being a "diva" and singing about sex in a boring way with "look at me" lyrics is being "artistic," and crotch shots coming out of limos are taboo and where scumbag paparazzi make a buck due to the mindless robotic infatuation that the general public has for famous people who aren't even that interesting, especially in the case with those that become famous for absolutely nothing. "Oh did you hear that the Kardashians went shopping today????" Yes, all you need to do is have a little bit of money and make a sex tape, then the mindless drones of the U.S. of A. will put you up on a pedestal and worship you. We live in a world where "Lady Gaga" is considered "innovative" and "groundbreaking." Nothing against Lady GaGa though, at least she can actually play the piano... But yes, the state of the majority of the consciousness of people is pretty FUCKING SAD to say the least. People truly have their heads lodged firmly up their assholes with their lower intestines strangling them and keeping them there to ensure proper stability within the dark confines of the narrow, one-dimensional, celebrity worshipping, trendy, "bling" displaying, superficial anus hole of utter stupidity as Hollywood feeds them endless mounds of shit that they gobble up like vultures. I'm sure there will be years more of multimillion dollar platinum selling big stars, let's name what top stars might be in the midst for the lame masses to gobble up shall we? - Who will it be... T-Money, Lady-Back Up Dat A\$\$, Gangsta-AK, Lil \$hawty Gurl, Baby Gurl Gangsta, Allz Bout Da Money, Baby Phat Ghetto Divas, I'mma Be Money, Lil Bulletz, Gangsta Bitche\$.... I'm sure the big-wigs are already counting their dollars, you can always count on the stupidity of the average consumer that's for sure! Ahh yes, we certainly, without a doubt, live in a day in age where record sales don't measure talent whatsoever. Maybe one day we can rid ourselves of the Kanye Wests and other no-talent product hawkin' hacks of the world and get the human race as a whole back onto a better path. Maybe one day we'll deal with people who torture and kill animals just like people who kill human beings, instead of making a hero out of them because they can give the ol' home team a win on Sunday afternoon as Americans continue to just get more fat, lazy, gluttonous and stupid. But I don't come all with scorn.... there's a glimmer of hope in this mentally turned off society that we live in. Maybe it all just drives us to keep going against it and create things with meaning, purpose, and soul. At this point, all you can do is sit back and laugh and enjoy the ride, observe it like sitting at a seat in the movie theatre. In reality, it's all not even just a blip on the radar in the grand scheme of things. But let's all do our part though to help speed along the process of zapping the stupid that taints our collective unconscious. It's actually quite amusing when you sit

I know I've centered a bit on pop-culture lately in the rants. But come on! With the way things are lately, I can't help but vent about it!

back and observe this shit!

I'll switch things up in the next rant which will be focused on; ANNOYING CO-WORKERS





